

Confirmation Name Form

Due February 17, 2021

Confirmation Candidate Name _____

“....I have called you by name; you are Mine!” Isaiah 43:1-3

When you were born, your parents chose your name. They may have chosen your name in honor of a special person in their lives: a grandparent, aunt or uncle, or close friend. They may have chosen your name for the meaning behind it. Perhaps they chose your name because they felt a close connection to a holy man or woman of our faith-one of the Saints. Maybe they just really liked your name! Most likely, it was a combination of many factors.

Ask your parents why they chose the name they did for you and record their response below.

Confirmation Name I Have Chosen:

Complete the following about the Saint you chose:

When was this Saint born and their Feast Day: _____

What did this Saint do in their life that you admire? _____

How do you think you can add a trait of your patron Saint into your life? _____

How did this Saint follow Jesus in the way they lived their life? _____

CONFIRMATION POSTER

NAME:	DUE: February 17, 2024
SACRAMENT OF BAPTISM	SACRAMENT OF FIRST HOLY COMMUNION
<ul style="list-style-type: none"> • Who are your Godparents? • Where and when did your Baptism take place? • Picture 	<ul style="list-style-type: none"> • Where and when did your First Holy Communion take place? • Picture
SACRAMENT OF RECONCILIATION	CONFIRMATION SPONSOR
<ul style="list-style-type: none"> • Where and when did your Reconciliation take place? • Thoughts from that day 	<ul style="list-style-type: none"> • Who is your sponsor? • Why did you choose them? • Picture of your sponsor or you with your sponsor
YOUR CONFIRMATION NAME	ABOUT THE SAINT I CHOSE
<ul style="list-style-type: none"> • What is your Confirmation name? • Why did you choose this name? 	<ul style="list-style-type: none"> • What about their faith has inspired/supported you?
FAITH IN ACTION/ YOUTH MINISTRY	RECALL A TIME IN YOUR LIFE WHEN YOU FELT GOD'S PRESENCE
<ul style="list-style-type: none"> • Things you have done • Things you would like to do • How can you make an impact? 	<ul style="list-style-type: none"> • How do you/have you encountered Jesus in a real way? • What is your story of how God has worked in your life?

About Confirmation Names

Confirmation names are a special part of the confirmation process for Roman Catholics, especially those in English-speaking countries. Before the ritual of being confirmed, those seeking confirmation choose to take a saint's name with whom they identify. After confirmation the confirmed can pray to the saint for guidance and protection.

Significance

Confirmation is a rite or sacrament in the Christian tradition. For Roman Catholics, confirmation usually occurs in early adolescence. Other Christian denominations place confirmation soon after baptism. Coming from the New Testament, confirmation is related to the receiving of the Holy Spirit by the apostles on Pentecost. At the time of confirmation, the Holy Spirit is thought to descend on the person and bestow spiritual gifts.

Features

Roman Catholics going through confirmation choose a saint they feel an affinity for as their confirmation name. The patron saint then serves as their guide and protector. Choosing a confirmation name is not biblical and does not come from the official Catholic liturgical book. The custom originated in the United Kingdom and is also practiced in the United States, Germany and Poland.

Types

The set of confirmation names is as long as the list of saints that can be found in the resources section below. Some of the more popular confirmation names for girls are Mary, Teresa and Catherine. For boys they are Michael, Thomas and Francis.

Considerations

The common advice for those trying to decide on a name is to research saint names and find one that fits their personality or spiritual goals. Those seeking confirmation are also encouraged to pray and seek a saint that is willing to guide them as they seek a closer relationship with God.

Benefits

At the time of confirmation after a confirmation name is chosen, the confirmed is said to receive spiritual gifts from the Holy Spirit. These gifts include speaking in tongues, healing, discerning of spirits and prophecy.

How to Choose A Saints Name

During the Catholic sacrament of Confirmation, God the Holy Spirit comes upon you to bestow numerous spiritual gifts and "confirm" the faith given you in Baptism when Original Sin was wiped away. You choose a Confirmation name before Confirmation. This new name, imposed by the bishop during Confirmation, becomes a part of your full name. It comes after your first and middle names and before the last name.

- 1 Find a list of canonized saints in the Roman Catholic Church by reading a book or doing online research. Saints are people who have lived holy lives and are now in heaven as members of the Church Triumphant. Their life stories provide examples for others on how to overcome spiritual obstacles on Earth.
- 2 Read about male saints if you're male, and female saints if you're female. Generally speaking, you'll want to choose a name that matches your gender.
- 3 Pray to the Holy Spirit, and ask Him for help in finding a saint whose life you'd like to imitate. This saint will be bonded with you spiritually, and in essence becomes your heavenly patron who intercedes for you before God.
- 4 Narrow your selection to two saints. One of them will be your new Confirmation name. Think about the specific virtues those saints exhibited, such as patience, perfection, diligence, humility, mortification, meekness, obedience, prayer, charity or simplicity. Find a virtue that connects with you.
- 5 Consider the one or two special stories told about those saints on your "short" list to help you find a spiritual connection. For example, St. Maximilian Kobe gave up his life for another person's life in a German concentration camp during World War II, and so showed the virtue of selflessness. St. Francis, a spiritual leader who founded a religious order, led a simple life of poverty and greatly loved animals.
- 6 Take your list of two saints to a family member or friend who is a practicing Catholic. Talk about the saints' lives with that person, and discuss what attracts you spiritually to these holy people.
- 7 Select your Confirmation name, and inform your family and friends. Get used to it by saying it over and over again in your mind. Practice writing it as part of your full name.
- 8 Before you are confirmed, pray to the saint whose name you will be using as your Confirmation name. Ask this saint to intercede for you, to help you make the right moral choices, and overall to be a powerful spiritual guide the rest of your life.
- 9 Buy pictures, holy cards, statues and books associated with your Confirmation's namesake. These visual reminders of your saint will help you reflect upon his or her unique virtues.